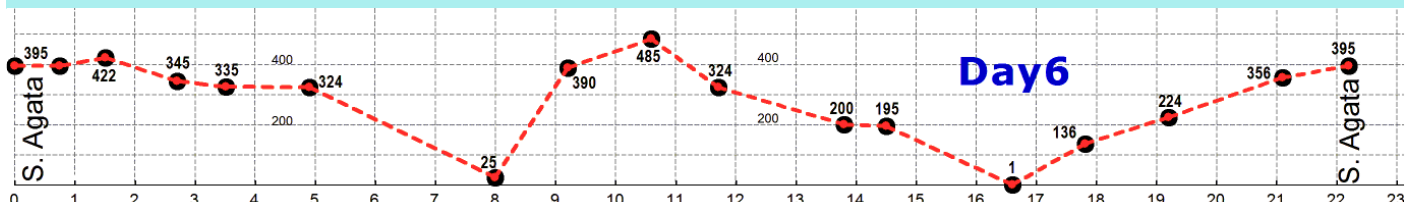


Day 6
Punta Campanella
22,2km + 900m disl.



Today's loop is in a similar ambience to yesterday afternoon's, alternating more inhabited zones with rural areas and others that are completely "wild" such as Monte San Costanzo and Punta Campanella.

From Sant'Agata to Termini we will almost always keep to the ridge with its views of the gulfs of Naples and Salerno. From Termini we will walk down to Punta della Campanella and after a brief stop (tower, Roman ruins, Oscan stairway) we will undertake today's highlight, the ridge of San Costanzo with its magnificent views of the bay of Jeranto, Capri and the two gulfs.

Once back in Termini we will start to walk along the western slopes descending to sea level at Marina della Lobra having passed through Santa Maria and L'Annunziata.

We end our last day entirely on the mainland by walking back up to Sant'Agata through the many lemon and olive groves of Lobra, Massa and San Francesco.

